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Our School Rules: Try your best Be calm Be truthful Be safe Be kind



## World Mental Health Day Tuesday 10<sup>th</sup> October 2023

Thursday 5<sup>th</sup> October 2023

Dear Crackley Bank families,

We see how important the mental health and wellbeing of our pupils is every day. For this reason, we will once again take part in 'Hello Yellow' on **Tuesday 10<sup>th</sup> October**. The day is in support of the charity Young Minds.

Pupils and staff are invited to brighten up the school with a splash of yellow by adding an extra dash of yellow to their uniform – a yellow t-shirt, a pair of socks or a hair bobble for example will help to give Crackley Bank the glow to brighten up our school day. We will also take part in activities during the day to promote mental health.

If you wish to make a donation towards this fabulous charity, then please do so via their website - <https://www.youngminds.org.uk/support-us/donate/>. There are also lots of activities on their website to support your child with their mental health and well-being.

Thank you for your support.

Miss J Johnson