Personal Social and Emotional Development – Reception	
Autumn 1	
Managing My Emotions	• **The School Rules are:** Try your best Be calm Be truthful Be Safe Be kind • **I have feelings:** Happy Sad Angry Surprised Pride • We are not all the same.
Autumn 2	
My Family	• We are not all the same. • **Friend**: a person who you know well and who you like a lot, but who is usually not a member of your family • **Family**: a group of people who are related to each other, such as a mother, a father, and their children • Family - A group of people who are related to each other • Family can be: Mother, Father, Grandad, Nana, Aunty, Uncle, Cousin
Spring 1	
Building Friendships Together	• Friend: a person who you know well and who you like a lot, but who is usually not a member of your family • Different people are special to us like family, friends, groups, clubs and teachers. (Y1 PSHE link)
Spring 2	
Respecting Others and Ourselves	• Friend: a person who you know well and who you like a lot, but who is usually not a member of your family • Different people are special to us like family, friends, groups, clubs and teachers. (Y1 PSHE link) • We are not all the same.
Summer 1	
Working Through Challenges Together	• We are not all the same. • We all have different likes and dislikes. • We all have things we are good at and things that we struggle with.
Summer 2	
Celebrating Our Unique Selves	• We are not all the same. • We all have different likes and dislikes. • We all have things we are good at and things that we struggle with.